# What is hand hygiene?

According to Hand Hygiene Australia, effective hand hygiene practice is the single most important strategy in preventing the spread of infections or diseases associated with health

Research shows that when hand hygiene practices are performed correctly, there is a reduction in the presence of microorganisms on hands, and subsequently a reduction in transmissible infections<sup>1</sup>. This includes common infection and superbugs such as MRSA<sup>2</sup>.

Despite this, hand hygiene practices are generally poor among health care workers<sup>3</sup>. It is suggested this may be due to:

- The time consuming nature of proper hand hygiene techniques
- Hands appear to be clean
- Problems with skin irritation
- Poor access to sinks or hand hygiene products

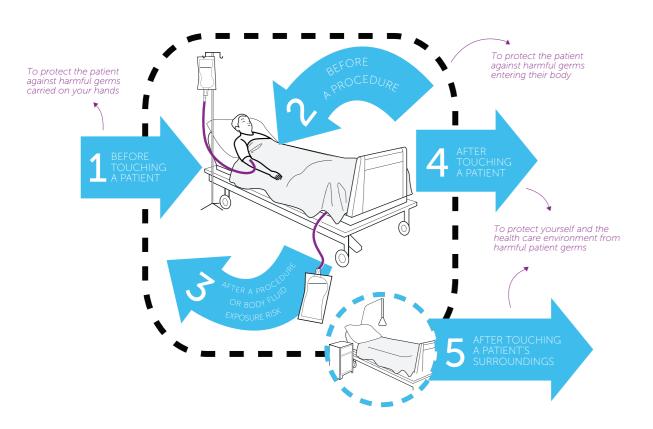
### An effective hand hygiene program

and proper hand washing techniques, hand wash tough bacteria<sup>5</sup>. removes most microorganisms from hands<sup>5</sup>.

An effective hand hygiene program includes a Alcohol-based hand rub is to be used after hand medical-grade hand wash and an alcohol-based washing, or when hands are not visibly soiled. hand rub<sup>4</sup>. Hand wash is to be used when hands Alcohol-based hand rub eliminates microorganisms are visibly soiled; when combined with water that have survived hand washing and neutralises

## WHO's 5 moments for hand hygiene

The World Health Organisation (WHO) recommends hand hygiene be performed at five key moments<sup>6</sup>:



- 1. Hand Hygiene Australia (2015). What is hand hygiene? http://www.hha.org.au/AboutHandHygiene.aspx
  2. NSW Government Department of Health (2013). Fact sheet: Healthcare workers who are colonised or infected with MRSA
  3. Hand Hygiene Australia (2015). What is hand hygiene? http://www.hha.org.au/AboutHandHygiene.aspx
  4. Centre for Disease Control and Prevention (2015). Hand Hygiene Basics http://www.cdc.gov/handhygiene/Basics.html
  5. NSW Government Department of Health (2013). Fact sheet: Healthcare workers who are colonised or infected with MRSA
  6. World Health Organisation (2015). Five moments for hand hygiene http://who.int/gpsc/tools/Five\_moments/en/



Distributed by:

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### **Handcare Series**

Handwash | Hand Sanitiser | Moisturiser

A brand by DIMUN



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# primeen

# Handwash

#### CLEAN

- Colour free
- Paraben free
- No residues
- Biodegradable ingredients
- With moisturiser & emollient
- pH 5.5, more compatible with sensitive skin



PrimeOn™ Handwash is a colour free, and paraben Application: PrimeOn™ Handwash should be used decontamination of hands both before and after skin irritancy potential and a freely rinseable formula, ingredients, our handwash allows you to care for the 40-60 seconds in every instance. environment as well as your patient.

free formulation, providing thorough cleaning and when hands are visibly dirty. Using the PrimeOn™ Hand Wash in conjunction with proper hand washing clinical procedures. Our hand wash has been techniques protects you, your patient and the health specially formulated with users in mind, with a low care environment from the impact of harmful germs or foreign bodies<sup>7</sup>. The World Health Organisation (WHO) with no residuals. Made from biodegradable recommends hands should be washed for a total of



atory Compliance - ISO13485 and TGA ARTG266936



- 500mL dispenser bottle with pump
- 12 bottles /carton

Re-order Code: HHW05BT



- Hand wash 1L refill bottle
- 6 refills / carton

Re-order Code: HHW01RFBT



- Wall mounted manual dispenser with 1L refill bottle
- 6 units / carton

Re-order Code: HHW01DSBT

# primeen Sanitiser

- **ℰ** Kills 99.9999% of germs
- Sanitises hands within 1 minute
- Contains added moisturiser
- Waterless hand sanitiser
- Colour free



PrimeOn™ Sanitiser removes 99.99999% of germs Application: PrimeOn™ Sanitiser, as an alcohol-based irritation and also contains an added moisturiser to protect hands against dehydration. PrimeOn™ Hand Sanitiser provides rapid disinfection and cleansing of hands on-the-go, without the need for water.



• 500mL dispenser bottle with pump

Re-order Code: HSN05BT

• 12 bottles /carton

gulatory Compliance - ISO13485, EN1500 and TGA ARTG 266935

within 1 minute, eliminating the tough bacteria that hand rub, should be utilised in situations where hands may have survived after hand washing. This ensures are visibly clean, and should be a part of all hand that your hands are properly cleaned and sanitised, hygiene routines<sup>8</sup>. When used correctly, alcohol-based giving you peace of mind about your hand hygiene hand rubs are more effective than both medicated and and infection control practices. Our formulation is non-medicated soaps<sup>9</sup>. Alcohol-based hand rubs also both colour and paraben free to reduce potential require less time to use, are more cost effective and cause less irritation to the skin<sup>10</sup>





• Hand sanitiser 1L refill bottle • Wall mounted manual dispenser with 1L refill bottle • 6 refills / carton

Re-order Code: HSN01RFBT

• 6 units / carton

Re-order Code: HSN01DSBT



primeen Moisturiser

- Scientifically formulated to aid in rejuvenating your skin
- Contains vitamins A, E, B5 and almond oil



PrimeOn™ Moisturiser helps users maintain soft, hydrated hands, while also adhering to infection protocols. Our formula is fragrance, colour and preservative free to minimise irritation. PrimeOn<sup>TM</sup> Moisturiser soothes, nourishes and moisturises the skin, rejuvenating hard-working, dry and irritated hands.

Application: For best results, PrimeOn™ Moisturiser should be applied three times daily. Intact skin is the first line of defence against infection; if skin is damaged, it can harbour higher numbers of microorganisms, and increase the risk of transmission to others<sup>11</sup>. Applying PrimeOn™ Moisturiser ensures that the natural moisturising agents present in the skin, which are stripped away through repeated hand washing and sanitising, are replaced.



Regulatory Compliance - ISO13485

11. Hand Hygiene Australia (2015). Hand Care Issues, http://www.hha.org.au/About/ABHRS/abhr-limitations/hand-care-issues.aspx





- 500mL dispenser bottle with pump
- 12 bottles /carton

Re-order Code: HMO05BT



- Moisturiser 1L refill bottle
- 6 refills / carton

Re-order Code: HMO01RFBT



- Wall mounted manual dispenser with 1L refill bottle
- 6 units / carton

Re-order Code: HMO01DSBT

8. Hand Hygiene Australia (2015). What is hand hygiene? http://www.hha.org.au/AboutHandHygiene.aspx 9. Hand Hygiene Australia (2015). ABHR is the hand hygiene product of choice, http://www.hha.org.au/about/abhrs.aspx 10. Hand Hygiene Australia (2015). What is hand hygiene? http://www.hha.org.au/AboutHandHygiene.aspx